

PORT MACQUARIE TRIATHLON CLUB

2016-17 Race 7 Aussie Long Run (300/9/7.5)

Sponsored by Aussie Port Macquarie

2nd April 2017 - McInherney Park, Port Macquarie



| Bib | Name | Gender | Finish Time | Start Wave | Start Time | Race Time | Grade | Points |
|-----|-----------------|--------|-------------|------------|------------|-----------|-------|--------|
| 3 | Harry Jones | M | 0:43:58 | Mass | 0:00 | 0:43:58 | A | 1000 |
| 69 | Luke Trevenar | M | 0:56:02 | Mass | 0:00 | 0:56:02 | A | 784 |
| 76 | Adrian Pensini | M | 0:57:47 | Mass | 0:00 | 0:57:47 | B | 760 |
| 72 | Joel Pateman | M | 1:01:34 | Mass | 0:00 | 1:01:34 | B | 714 |
| 163 | Adrian Spells | M | 1:04:07 | Mass | 0:00 | 1:04:07 | D | 685 |
| 108 | Ron Wilson | M | 1:05:46 | Mass | 0:00 | 1:05:46 | C | 668 |
| 5 | Alison Appleton | F | 0:53:58 | Mass | 0:00 | 0:53:58 | A | 814 |
| 6 | Darleen Cheney | F | 0:56:47 | Mass | 0:00 | 0:56:47 | A | 774 |
| 70 | Cassie Pensini | F | 0:59:50 | Mass | 0:00 | 0:59:50 | B | 734 |
| 71 | Fiona Bagley | F | 1:00:19 | Mass | 0:00 | 1:00:19 | B | 728 |
| 67 | Kate Pensini | F | 1:02:46 | Mass | 0:00 | 1:02:46 | B | 700 |
| 161 | Singe Parish | F | 1:14:51 | Mass | 0:00 | 1:14:51 | D | 587 |
| 205 | Joe Begbie | M | 0:30:34 | Half | 0:00 | 0:30:34 | Half | 500 |
| 201 | Ricky Pomroy | F | 0:54:39 | Half | 0:00 | 0:54:39 | Half | 279 |